



Chemistry at Work™ Program Structure

A structured approach to workforce performance

Chemistry at Work™ combines engaging health education, private screening, professional support, and ongoing reinforcement into one coordinated employee experience.

Each component builds on the last, helping employees better understand the factors that influence energy, focus, mood, and daily performance, while giving them practical resources to take informed next steps.

1. Discovery

Build understanding first.

Employees begin with an engaging educational experience that explores the biological factors behind energy, focus, mood, and performance.

Through memorable visuals, demonstrations, and practical examples, complex health concepts become easy to understand and apply.

Includes:

- Chemistry at Work™ Discovery experience
- Food-first nutrition education
- Nutrient and lifestyle education
- Practical strategies employees can use immediately

2. Private Screening

Turn general education into personal insight.

Employees can access private screening options designed to provide individualized insights and preliminary findings that may identify areas worth exploring further.

Screening results remain private to the participant and are not shared with the employer.

Depending on program configuration:

- At-home nutrition screening
- Blood-based micronutrient assessment
- Additional biometric testing options





3. Professional Support

Provide a path forward.

Dietitian support can give employees access to personalized guidance based on their individual needs.

Partner professionals independently assess each participant and can help determine appropriate next steps, including when additional evaluation or verification may be appropriate.

4. Reinforcement

Keep the learning working throughout the year.

Chemistry at Work™ extends beyond the initial experience with strategically timed education and engagement designed to reinforce key concepts without creating another program employees have to constantly manage.

May include:

Quarterly Boost experiences

Companion resources

Workday Rhythm Checks

Educational articles and communications

Optional follow-up screening

One Program. Four Connected Components.

DISCOVER

Understand the biology behind performance.

SCREEN

Gain private, personalized insights.

SUPPORT

Access professional guidance.

REINFORCE

Build knowledge and healthier habits over time.