



## Program Packages

Our Foundation Chemistry at Work™ package is the foundation of the program. It includes everything needed to introduce the framework and begin supporting improvements in employee functioning that can contribute to measurable ROI.

Our Basic package includes:

### 1-hour Discovery Wellness Seminar

A guided, science-based session that explains how daily habits affect energy, focus, and mood.

### Printed Companion Guide

A quick-reference booklet employees can keep at their desk.

### Private At-Home Nutrient Screen (via 5 Strands)

A non-invasive hair sample sent directly to the lab. No medical claims. No blood draw. No on-site logistics.

### Access to Licensed Nutrition Coaches (via NutriGreene)

Employees can work with a registered dietitian to review results, explore food options, and build sustainable long-term habits.

## Choose Your Program

Foundation Experience (Annual Screenings)	Momentum Experience (Bi-Annual Screenings)	Sustained Experience (Bi-Annual Screenings)
<p>A clean, complete starting point.</p> <ul style="list-style-type: none"> <li>• 1-Hour Discovery Seminar</li> <li>• Printed Companion Guide</li> <li>• Annual Private Screen (5Strands)</li> <li>• Nutrition Coach Access (NutriGreene)</li> </ul>	<p>Adds a mid-year reinforcement layer.</p> <ul style="list-style-type: none"> <li>• Includes Foundation</li> <li>• Bi-annual at-home screening</li> <li>• Bi-annual Boost Video</li> <li>• 4 (Quarterly) engagement emails</li> </ul>	<p>Built-in year-round engagement.</p> <ul style="list-style-type: none"> <li>• Includes Foundation</li> <li>• Bi-annual at-home screening</li> <li>• Quarterly Boost Video Series</li> <li>• 12 (Monthly) engagement emails</li> </ul>

### Ongoing Engagement- (includes all 12 emails)

Stay connected through 12 pre-written newsletter emails that reinforce healthy habits and keep wellness top-of-mind year-round.

### Digital Assets Package - one-time license fee

Bring the program visuals to life online with artwork and characters from Chemistry at Work, including NeuroPuppets, Chem City Blitzers, and Food for Mood, perfect for intranets, emails, & digital signage.

### Custom Print Materials - Posters, banners, decals, etc

### On-Location Rollout Support - Available only in DFW or Zoom